

**The Bitter Root Land Trust
and
5 Valley Velo/Team Stampede
present
The Tour of the Bitterroot
Sunday, July 19, 2009**



Race sanctioned by USA Cycling and MBRA

Held under USA Cycling Event Permit

Official: Vicky Russell

The Event: A one-day, two-stage omnium bicycle race to be held in Hamilton and the beautiful Bitterroot Valley, Montana. This event is part of the Hammer Nutrition/Le Petit Outré/Big Sky Brewing 2009 Road Race Series.

Race Schedule*:

Sunday, July 19; 8:00 a.m.: Downtown Hamilton Criterium

8:00 a.m.	Junior Men & Women: 25 minutes
8:30 a.m.	Women 4: 30 minutes
9:15 a.m.	Men 4/5: 30 minutes
10:00 a.m.	Masters A & B: 45 minutes
11:00 a.m.	Women 1/2 and Women 3: 45 minutes
11:50 a.m.	Kids' Race
12:00 p.m.	Men 1/2 and Men 3: 60 minutes

Sunday, July 19; 3:00 p.m.: Sleeping Child Time Trial

3:00 p.m.	Junior Men/Women: 12 miles
3:15 p.m.	All other divisions: 17 miles

***Note: above combined groups will race together, but be scored separately for overall omnium. Junior divisions will be based on actual turnout.**

Rules: All USA Cycling rules apply. Racers must wear helmets while racing and warming up/down. A USA Cycling annual or one-day license is required and may be purchased on-site. Racers may compete in either or both stages, but need not start both stages to be eligible for overall omnium prizes. Overall omnium placing determined by points earned in each stage. Racers may race in any/all events for which they're eligible.

Prizes: No single category payout shall exceed \$499; individual stage and overall omnium prizes will be awarded.

Fees*:

Men Cat 1/2	\$35 for omnium or \$20 for each stage (\$5 late registration fee)
Men Cat 3, Men Cat 4, Masters A, Women Cat 1/2/3	\$30 for omnium or \$20 for each stage (\$5 late registration fee)
Men Cat 5, Masters B, Women Cat 4	\$30 for omnium or \$20 for each stage (no late registration fee)
Juniors	\$0 for omnium or \$0 for each stage (no late registration fee)

Registration: Pre-registration – via www.SportsBaseOnline.com – strongly encouraged & online registration fees are built into the stated entry fee.

- Day-of-race late fees will apply!
- Pre-registration deadline: 11:00 p.m., Friday, July 17, 2009.
- No mail-in registrations.

Directions: Hamilton is 45 miles south of Missoula. See website for specific directions to race venues...
Questions? Visit our website: <http://tourofthebitterroot.blogspot.com/> or