

Team Stampede/Five Valley Velo

presents

The Inaugural

POLSON CROSS

RUMPUS

Spectacular Riverfront Fairgrounds Venue

Saturday, November 21, 2009

Race sanctioned by USA Cycling and MBRA

Held under USA Cycling Event Permit 

USCF Official: Don Russell

The Course: The Polson Fairgrounds course is located on the west side of the Flathead River, just across the bridge and half a mile south from downtown Polson. It will showcase a good mix of terrain with wide-open, fast flats, tricky corners, barriers, and one steep run-up. We will also feature a straw bale trench, a grand stand slalom, and other creative features. To get to the course, just drive across the bridge and take your first left just past the UPS store.

Race Schedule:

	Registration/check-in	10:30 – 11:30 a.m.
	Pre-race meeting	5 minutes prior to each race
Race 1	Men Cat 4, Women, Master B, Juniors	12:00 pm start; 40 minutes (or 8 laps)
Race 2	First Timers and Mountain Bikes	1:00 pm start; 30 minutes (or 6 laps)
Race 3	Men 1,2,3, Master A	1:45 pm start; 60 minutes (or 12 laps)
Race 4	Kid's race (just for fun)	3:00 pm start; 1 or 2 laps
Race 5	Cross and Tie (2 people, one bike) -experimental for any pairs who want to try	3:30 pm start, 4 laps
	Post-Race Chili Feed and Awards	4:00 pm

Rules: All USA Cycling rules apply. Racers must wear helmets while racing and warming up/down.

Attitude: All participants and spectators are encouraged to dress and act in a manner appropriate for a proper Cyclocross Rumpus.

Prizes: Cash & merchandise (total to be determined by turnout).

Fees: \$20 plus one-day license if needed. No preregistration – sign up on site starting at 10:30 am. Proceeds will benefit the Polson High School cross country team.

Course Map: We will have maps available at registration.

Questions? Contact Matt Seeley, 406-883-9264 or matt_seeley@skc.edu